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## PATIENT REFERRAL FORM

ONCE THE REFERRAL FORM IS SUBMITTED, PATIENTS WILL BE CONTACTED DIRECTLY FOR APPOINTMENTS.

|  |                         |   |  |
|--|-------------------------|---|--|
| Surname:   | Given Name(s):          |   |  |
| Date of Birth:                                       | Email:                  |   |  |
| Gender:  | Personal Health Number: |   |  |
| Address:<br><small>City Province Postal Code</small> |                         |   |  |
| Home Phone:  | Work Phone:             | Cell Phone:   |  |
|  |                         |   |  |
| Referred By:   | MD PracID:              |   |  |
| Clinic Name:   | Email:                  |   |  |
| Address:<br><small>City Province Postal Code</small> |                         |   |  |
| Phone:   | Fax:                    | Family Physician:<br><small>(if different from Referring Physician)</small> |  |

**Mandatory** - Check all that apply:

**Primary Sleep Concerns:**

- ☐ Obstructive Sleep Apnea (Snoring)  
↳ ☐ CPAP Adherent   ☐ CPAP Non-Adherent
- ☐ Insomnia (Non-Restorative Sleep)
- ☐ Excessive Daytime Sleepiness
- ☐ Shift Work/Jet Lag/Delayed Sleep Phase
- ☐ Other, please specify:

**Movement Disorders:**

- ☐ Restless Legs Syndrome
- ☐ Periodic Limb Movement Disorder
- ☐ Sleep Bruxism
- ☐ Other, please specify:

**Parasomnia:**

- ☐ Sleepwalking/Night Terrors
- ☐ Violent behavior in sleep
- ☐ Nightmares
- ☐ Other, please specify:

**Safety Sensitive Occupation:**

- ☐ Doctor/Nurse   ☐ Professional Driver   ☐ Railroad Engineer/Conductor   ☐ Other, please specify:
- ☐ Oilfield Worker   ☐ Airline Pilot/Flight Staff   ☐ Emergency First Responder  
(EMS/Police/Fire)

Current Medications / Additional Medical Information:

|  |
|--|
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Copies of these referral forms can also be  
downloaded from our website at  
[www.DRKP.ca/referrals](http://www.DRKP.ca/referrals) and returned by fax or email.

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